



## INFORMATION FOR PATIENTS RECEIVING RF-MICRONEEDLING

### *What is RF-Microneedling?*

Radio frequency (RF) microneedling combines two therapeutic treatments to stimulate collagen and tighten skin. Microneedling alone has benefits of creating a micro-wound to signal a wound response to rebuild tissue. Adding RF energy to the needles provides a boost for dramatic, yet natural results..

### *Aesthetic Uses for Microneedling.*

RF-Microneedling is a proven and effective therapy to:

- Remodel acne scarring,
- Reduce wrinkles,
- Tighten skin laxity in the neck and jowls,
- Firm crepey skin and poor texture,
- Improve wrinkles at the knees and elbows,
- Soften the effects of cellulite.

### *Treatment Process.*

Numbing cream is applied 30 minutes prior to treatment. RF-microneedling takes about 30-40 minutes depending on the treatment area. The handpiece with a disposable, sterile needle cartridge applied to skin with gentle pressure. Activation of the handpiece may feel prickly to sharp and warm to hot, but generally well-tolerated.. Healing ranges from 24 hours to 4 days. Visible changes are observed over several days with continued improvement occur for up to 3 months.

For optimal results, an initial series typically 3-6 treatments about 4-6 weeks apart is recommended. Maintenance treatments of single sessions are recommended annually.

### *Risks.*

Expected side effects include:

- \* Local pain during procedure.
- \* Redness for 2-7 days
- \* Light to moderate swelling 2-7 days
- \* Light bleeding and crusting 2-7 days
- \* Dryness, roughness, itching for 1-2 weeks.
- \* Temporary inflammation & hyperpigmentation\* (Treatment settings are available for melasma.)

Rare adverse effects include:

- \* Infection
- \* Scarring

### *Alternative Treatment Options.*

RF-microneedling is a unique application of microneedling that approaches results similar to Ultherapy (ultrasound energy). RF-microneedling is less invasive than a face lift..

### *Benefits.*

#### **NATURAL RESULTS!**

Short recovery time.

Minimal risks.

Available for nearly all skin types (Fitzpatrick I-V).

### *Contraindications for RF Microneedling:*

\* Pregnancy & breast feeding \* Pacemakers and other medical implants. \* Sensitivity to heat. \* Metal allergy. \* Collagen disorders. \* Chronic skin conditions: eczema/psoriasis/scleroderma. \* Current skin infections: bacterial, fungal or viral (Herpes or warts) \* Blood thinners/bleeding disorders. \* Cardiac abnormalities. \* Diabetes. \* Lupus.

**RESCHEDULE RF-MICRONEEDLING IF TREATMENT IS WITHIN 4 WEEKS OF BOTOX  
OR 8 WEEKS OF FILLER**