

What is Peptide Therapy?

In general, peptides are short chains of amino acids that form proteins. Peptide Therapy uses specific peptides designed to stimulate natural hormones that decline with age. More specifically, much of Peptide Therapy aims to restore function associated with diminishing growth hormone (GH), including increased abdominal fat, thinning and dryness of skin, loss of muscle mass and strength, weakening bone structure, depressed mood and anxiety, and other degenerative conditions. Peptide Therapy has been shown to enhance energy, performance and general well-being.

Peptide Therapy comes in the form of injections that are self-administered at home. Peptides require prescriptions, which are filled at compounding pharmacies. Peptide Therapy at Monarch Aesthetica focuses on peptides aimed to stimulate growth hormone releasing hormone (GHRH). GHRH boosts the natural cycle of endogenous GH. This class of peptides is rated as Generally Regarded As Safe (GRAS) by the FDA. Another Peptide Therapy is Body Protection Compound (BPC-157). BPC-157 facilitates healing of injured tissue, particularly muscles and tendons, which is especially helpful for maturing athletes.

Treatment Process.

For CJC-1295/Ipamorelin therapy, a physical exam and a panel of blood tests are required for initial treatment, and repeated annually. Periodic monitoring IGF-1 during Peptide Therapy is used to gauge treatment. IGF-1 (target range is 125-300 ng/ml). Some early changes may be present as early as 2 weeks, but typically, by are required to experience full effects.

BPC -157 is a short term, episodic treatment for tissue injury. An assessment is required prior to each treatment. Blood tests and lab monitoring are not required. BPC-157 comes in capsules, creams and injectable solution. All delivery routes are found to be equally effective though individual responses vary.

Prescriptions for our Peptide Therapy are sent to Wells Pharmacy Network, which is nationally recognized and accredited compounding pharmacy. Wells Pharmacy Network will contact you to set up your account for prescriptions and billing. Medications and supplies are sent directly to your home. We will provide a tutorial for first time home injections when you're ready to get started.

Risks

Side effects include, but are not limited to:

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| * redness | * bruising | * headache |
| * swelling, pain | * itching | * dizziness |
| * tenderness | * reduced peptide effect | * flushing |

Alternative Treatments:

Exercise and natural sleep support circulating growth hormone (GH).

Contraindications.

- * pregnancy/lactation; * cancer * untreated thyroid conditions * complex medical profile